

Covid-19 Guidelines

It is important that we both enter into face-to-face work with the awareness that the Covid-19 is around and can still affect us. With this in mind I have written these guidelines to protect each other and those in our wider circle.

Before you come to a face-to-face session you agree to ask yourself the following questions:

1. Do I have a new continuous cough?
2. Do I have a high temperature?
3. Do I have a change or loss of taste or smell?

If you answer yes to any of these questions, please do not attend your face-to-face session. You can either have a session online or via phone if you are feeling well or you can cancel. *Usual cancellation policy of 48 hours before the session applies.*

I will also be answering these questions and if I am unable to meet you face-to-face I will offer you a session online.

We both agree that if we have been in close contact with a Covid-19 case we will move our session online.

What precautions have I implemented?

I will provide hand sanitizer for you to use and this is your choice unless you use the resources I provide and then I ask you kindly to use the sanitizer.

I will quarantine the items you use for 24 hours after our session. Please still use the items freely, I have lots of supplies. However, you are welcome to bring your own resources with you.

I will wash my hands between each session.

We will keep a window or two open so there is fresh air circulating, please bring warm clothes or blanket if the weather is cooler.

On your first session I will provide you with a water bottle, please bring that or other bottle with you to each session thereafter if you think you may need a drink.



I will provide tissues but please take them away with you.

I will spray The Caravan Clinic with anti-bacterial spray before and after your session.

I have a toilet for emergency use, but please use your own toilet before you leave for our session if possible. (Please don't be uncomfortable during the session it is fine to use the toilet if you need to).

What implications are there in terms of privacy?

In the event that I, or any of my client's contract Covid-19, I may be required to disclose names and contact details of people I have been in contact with (including yourself) to the Local Authority as well as the nature of our contact. I will protect your privacy as much as possible, whilst giving necessary information in compliance with applicable data protection legislation.

A final word...

I am here to support you.

If you have any issues with these guidelines or they make you feel uncomfortable, please let me know as everything is negotiable.

Updated: 07/09/21

